

## Centennial Park Disc Golf Playing Areas



The area marked with a yield sign ▲ is a high traffic area as a main access point to Centennial Park. Use this area with caution.

Be respectful of other users in Centennial Park.

**When using any of the indicated areas you must maintain a safe distance from all other park users, roads, driveways and trails.**



# THE RULES

## SIMPLE & EASY TO LEARN

### SAFETY FIRST

Never throw when players or other park users are within range. Always give park users the right of way. Be aware of your surroundings and environment at all times.

### Objective of the Game

Disc Golf is played like traditional golf, but with disc golf discs instead of balls and clubs. One throw (stroke) is counted each time the disc is thrown and when a penalty is incurred. The goal is to play each hole in the fewest strokes possible. The player with the lowest total strokes for the entire course wins. The hole is completed when the disc comes to rest in a disc golf basket.

### Tee Throws

Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

### Lie

The lie is the spot where the player's previous throw has landed. Mark each lie with a mini marker disc or leave the thrown disc on the ground where it landed. The player's subsequent throw is made from directly behind the marked lie.

### Throwing Order

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. After all players have teed off, the player whose disc is farthest from the hole always throws first.

### Fairway Throws

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through, after release, is allowed, unless the lie is within 10 meters of the target. Any shot within 10 meters of the target requires that the player maintain balance and not move past the lie until the disc comes to rest.

### Mandatory

A mandatory, or mando, is one or more designated trees or poles in the fairway that must be passed to the correct side as indicated by an arrow. If the disc passes to the wrong side of mandatory, either play from the previous lie or from a marked drop zone area if applicable and add a one throw penalty.

### Completion Of Hole

A disc that comes to rest in the disc golf basket or suspended in the chains constitutes the successful completion of that hole.

### Out Of Bounds

If any area of O.B. is visible between the disc and O.B. line, then the disc is considered O.B. A throw that lands out of bounds, must be played from a point up to 1 meter in bounds from where the disc crossed over the out of bounds line. Permanent water hazards, public roads, and most park boundaries are almost always out of bounds.

# District of Kent

## Portable Disc Golf Assembly Instructions

1. Place the base (1) on the ground and screw the first pole (2) into the base.
2. Place the catching basket (3) on the assembled pieces and screw the second pole (4) into the first pole, securing the catching basket in place.
3. Place the chain cage (5) over the second pole with the frame at the top.
4. Secure frame and chain cage (5) in place by screwing the final cap (6) onto the top.

Watch an instructional video here:

<https://www.youtube.com/watch?v=GE3uhfXGs5E>

